



THE NEERAJ RIVER FOREST RESORT

Ayurvedic Wellness Center

OVERVIEW

Nestling in the forested hills of Rajaji National Park and Tiger Reserve, The Neeraj River Forest Resort “Ayurvedic Wellness Center” This is One of The World’s No.1 Wellness Resort in Rishikesh. is a 16-room luxury hideaway where the tranquil and sometimes raging river the Ganges flows in eternity, soaking – up the jungle chorus.

www.theneerajwellness.com

Email:
reservations@theneerajforestresort.com
Contact: +91 9389317597, 8077320232

THE NEERAJ RIVER FOREST RESORT

“AYURVEDIC WELLNESS CENTER”

5 Days Essential Wellness Programme

Ref. No.: NRFR/2022-23/USD		
Room Type	4 Nights / 5 Days Charges (in INR)	
Maharaja Room (As Per Availability)	Single	Double
	44000/-	48000/-

INCLUSIONS

- Ayurvedic Panchakarma Therapy
- Ayurvedic Doctor Consultation
- All Ayurvedic Meals (Breakfast, Lunch & Dinner)
- Spiritual Well-Being Counselling Session
- Nadi Mardan Yog Kriya Therapy
- Yog Session- Asana/ Pranayama/ Meditation.
- Local Sightseeing- Nature Safari/ Rishikesh Darshan/ Ganga Darshan
- White River Rafting / Bunging Jumping / Paragliding (Additional Charges)
- Immunity booster
- Stress Management
- Improving Digestion System
- Spiritual Growth
- Morning Yoga Bliss
- Meditations
- Body Detoxification
- Nature Walk
- Music, Dancing & Laughing Therapy
- Panchakarma
- Shirodhara
- Abhyanga Kriya
- Nano Cell Therapy for New Healthy Cell Growth & Rejuvenation
- Talking Therapy
- Pick & Drop (Chargeable)

JOURNEY TO REJUVENATE YOURSELF

Day 1

- Welcome to The Neeraj River Forest Resort Ayurvedic Wellness Center with Chandan Tikka and Tulsi Mala.
- Counseling with Ayurvedic Doctors to diagnose the Disease
- Well Being Spiritual Counselling with Ayurvedacharya
- Abhyanga Kriya, Ayurvedic Diet Chart

Day 2

- Morning Yoga Bliss, Meditation, Nature Walk
- Nadi Mardan Yog Kriya
- Ayurvedic Meal
- Body Detoxification (Panchakarma)
- Improving Digestion System
- Stress Management

Day 3

- Morning Yoga Bliss, Meditation, Nature Walk
- Local Sightseeing- Rishikesh Darshan / Ganga Darshan
- Himalaya Darshan / River Rafting (Extra Charges)
- Nadi Mardan Yog Kriya
- Ayurvedic Meal
- Body Detoxification (Panchakarma)
- Improving Digestion System
- Stress Management

Day 4

- Morning Yoga Bliss, Meditation, Nature Walk / Zumba
- Shirodhara
- Ayurvedic Meal
- Body Detoxification (Panchakarma)
- Improving Digestion System
- Stress Management
- SPA, Steam Bath

Day 5

- Motivational Counselling
- Art of Living

Terms & Conditions

- Government Taxes of 18% will be charged extra and are subject to change.
- Reservations will be confirmed against 30% advance payments.
- Confirmation would be given on first come first service basis.
- Telephone calls, Personal laundry, and other additional service requested will be charged extra.
- Only Ayurvedic (Satvik Food) applicable in this package.
- A la Carte order will be charged as per the restaurant rates.
- This Package is valid till 30th April 2022.

Cancellation Policy

- 30 days before arrival date – 100% Refund,
- 15 days before arrival date – 50% Refund,
- Less than 5 days before arrival date / Change in Schedule during the stay – No Refund.

Child Policy

- Children below 5 years are Complimentary

Total Package:

Advance Booking Amount:

HDFC Bank:

The Neeraj River Forest Resort

A/c No- 50200055876702

IFSC Code: HDFC0000725

Or

You can scan QR CODE or use Paytm at 8218704702

paytm
Accepted Here

Pay using Paytm or any UPI App



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RESORT**

Are you dreaming of a place to stay?

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www.thoneerajivforresort.com